

Harrogate  
**Health & Beauty**  
Cosmetic Clinic

## Skin Peel Aftercare Advice

✓	No Glycolic Acid, Resurfacing or Retinol products for 24 hours pre and post treatment.
✓	No sunbathing for 2 weeks.
✓	Patients must not use any masks, scrubs or other supplemental resurfacing products.
✓	Treat their skin gently after a peel.
✓	Avoid excessive heat. No sauna or steam for 24 hours.
✓	Avoid swimming or chlorinated water for 24 hours.
✓	Expect mild skin flaking for 2-3 days.

If you have any queries, questions or concerns please contact the clinic.

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